

Amendments to the Specification

Please make the following amendments to the specification. Changes relative to the immediate prior version are shown using strikethrough to identify deleted material and underlining to identify added material.

Please replace the second full paragraph on page 5 (lines 7-14) with the following amended paragraph:

-- In summary, fractions from both, the roots and the aerial parts of *Echinacea* were tested for induction of quinone reductase, and both root fractions and aerial part fractions induced the phase II enzyme, quinone reductase. The fractions that showed the greatest induction of quinone reductase for both the roots and the aerial parts were the lipid-soluble fractions. For the roots, the fraction with the greatest induction activity was chloroform fraction (1). (See FIG. 42). For the aerial parts, the fraction with the greatest induction activity is acidic chloroform fraction (2). (See FIG. 42). --

Please replace the third full paragraph on page 10 (lines 19-30) with the following amended paragraph:

-- The nutritional supplements of the present invention may be formulated using any pharmaceutically acceptable forms of the extracts discussed above, including their salts. Preferred forms ~~include~~ include calcium carbonate, magnesium hydroxide or magnesium sulfate, sodium tetraborate, cupric oxide, manganese sulfate, zinc sulfate, cholecalciferol, ferrous fumarate, pyridoxine hydrochloride, chromium picolinate, and ascorbic acid. The dietary supplements may be formulated for mixing with consumable liquids such as milk, juice, water or consumable gels or syrups for mixing into other dietary liquids or foods. The dietary supplements of this invention may be formulated with other foods or liquids to provide premeasured supplemental foods, such as single serving bars, for example. Flavorings, binders, protein, complex carbohydrates, and the like may be added as needed. --